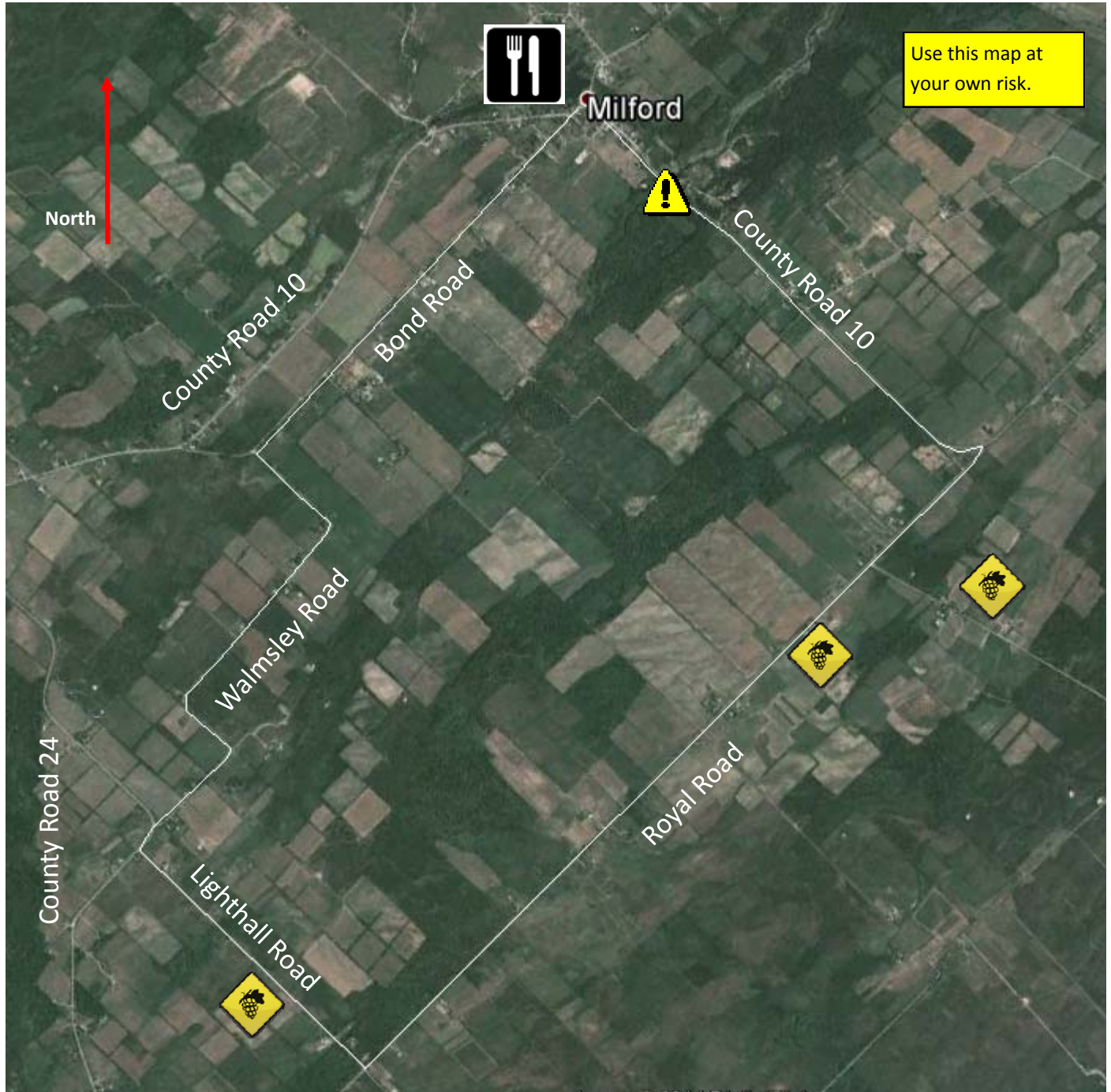


# Milford (Mostly) Flatlander

15.2 km loop; approx. 45 minutes plus winery stops

Park in Milford - village lot behind firehall. Follow loop clockwise: in the first 1.5 km you will descend a steep hill then immediately go up a less steep but longer hill. The rest of the route is flat. County Rd 10 from Milford to the turnoff for Royal Rd has no paved shoulders. Royal Rd is blacktopped; turn right at Lighthall Rd (wineries along the way on both of these roads). When Lighthall Rd ends at County Rd 24, turn right and travel about 50 m then turn right again onto Walmsley Rd. When Walmsley Rd ends at Bond Rd, turn right to return to Milford.



Caution advised: two hills, no shoulders



Milford has the Milford Bistro, an upscale lunch spot, or a small general store with drinks and snacks.



**Wineries:**

Long Dog about 500 meters south of Royal Road on Brewers Ln)



Exultet (along Royall Rd)



Lighthall (along Lighthall Rd)