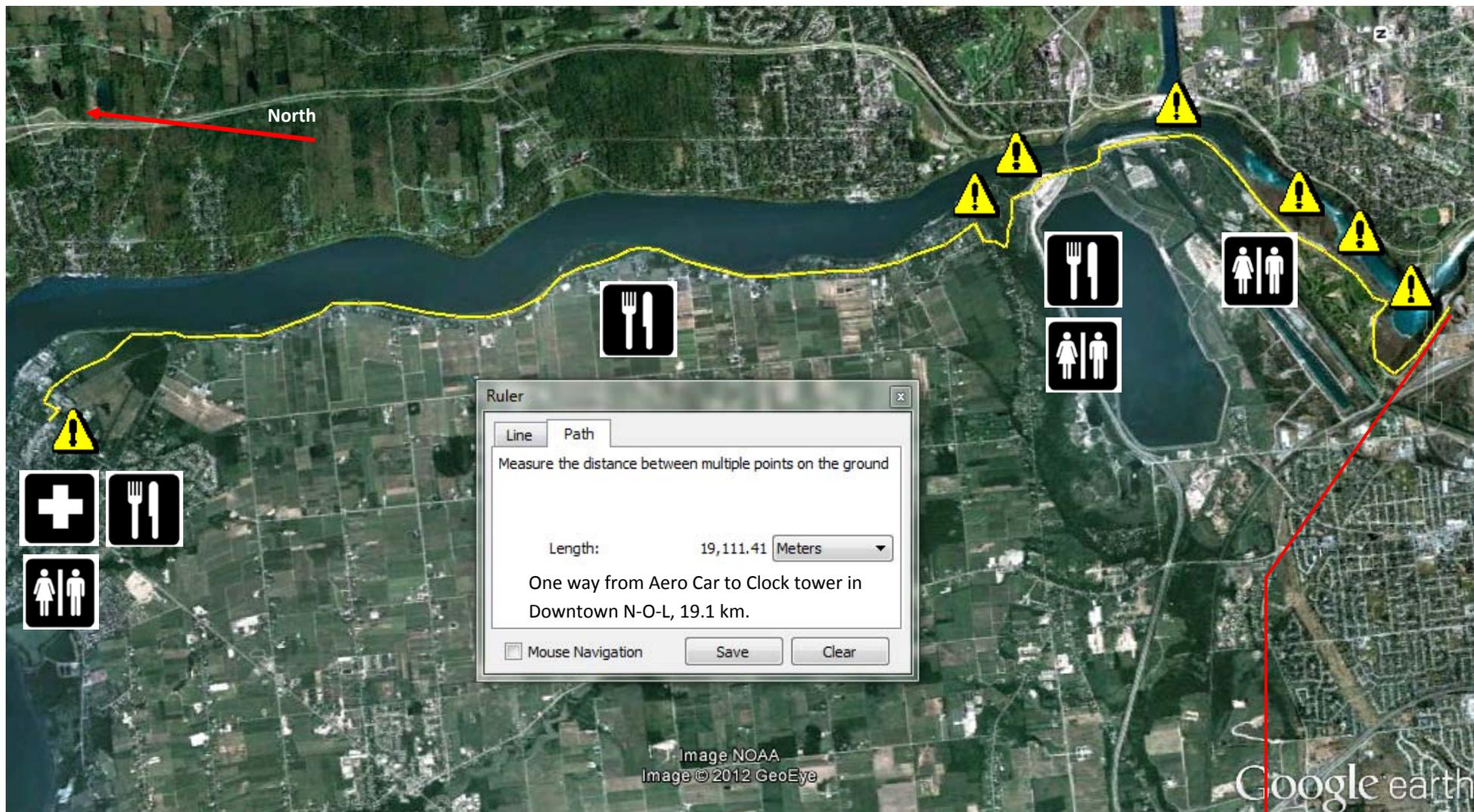


Niagara Whirlpool to Niagara-on-the-Lake

Bike path 95% of the way; 5 road crossings; traverse Niagara Escarpment

Use this map at your own risk.



 = Exercise caution. See notes on page 2

 Washrooms: Niagara Glen & School of Horticulture; Brock's Monument; downtown Niagara-on-the-Lake

 Hospital in Niagara-on-the-Lake

 Snack bar at Queenston Heights; Fruit stands in season all along trail; snack bars and full-service restaurants in Niagara-on-the-Lake

Park at Whirlpool Aero Car

For the most part, the paved route lies between the Niagara River Parkway and the river. When the pathway enters Queenston, it goes onto quiet village roads (follow signs for the Mackenzie Printery & Secord House), then rejoins the dedicated trail at the north end of the village.

Notes along the route:

From the whirlpool to the bottom of the escarpment at Queenston, the path almost always follows the roadbed of a streetcar line that ran along here in the early part of the 20th century. As you go around the whirlpool, you will cross a couple of old stone bridges that were part of this route. For further information, go on line to http://archive.org/details/cihm_84013 and access the PDF file, or view a few images at <http://www.nfrm.ca/galdisp.php?resultpage=1&pagesize=4&TitleID=4>, or for a detailed writeup, go to http://www.niagarafallsinfo.com/history-item.php?entry_id=1494¤t_category_id=130. Because rail needed a gentler grade to go up steep hills such as the escarpment, the trail follows the old railbed down/up the escarpment through some lovely woods, well away from the road.

Watch for vehicles backing up and otherwise misbehaving at: (a) the northeast end of the whirlpool Aero Car, and (b) the viewing area reached just as you arrive at the Sir Adam Beck power plants.

Road crossings: It is recommended you dismount and walk across

Niagara Glen - cross towards Niagara Parks School of Horticulture

School of Horticulture - cross at north end of parking lots

Queenston Heights - cross parkway at designated spot - can be very busy; just downhill from a roundabout so watch for vehicles in all directions

Bottom of escarpment - cross east then north, and follow the paved path onto the first street downhill (Queenston St)

On village streets (Queenston St) for about 1 km; re-join parkway and trail at north end of village (Cenotaph and Art Gallery). Note there are no stores or public washrooms in Queenston village.

No further road crossings of parkway until you reach Niagara-on-the-Lake, although there are many driveways and other access roads to cross in the 11 km between Queenston and Niagara-on-the-Lake. Be mindful of inattentive drivers.

In season, you can stop for refreshments and locally-grown fruit at any of several family-operated stands across the parkway from the trail. These are quite conspicuous as you travel along. There is also a tea room (in season) and washrooms at McFarland House.

Just before entering the village of Niagara-on-the-Lake, the path will take a sharp left and cross the parkway for the last time. If you want, you can continue on the road to enter the village by way of the waterfront, or you can cross and cycle on the trail past Fort George. The trail ends at the fort.

Be mindful of inattentive and/or rude drivers in this busy area. We recommend you lock your bikes in the city park and walk through the downtown.