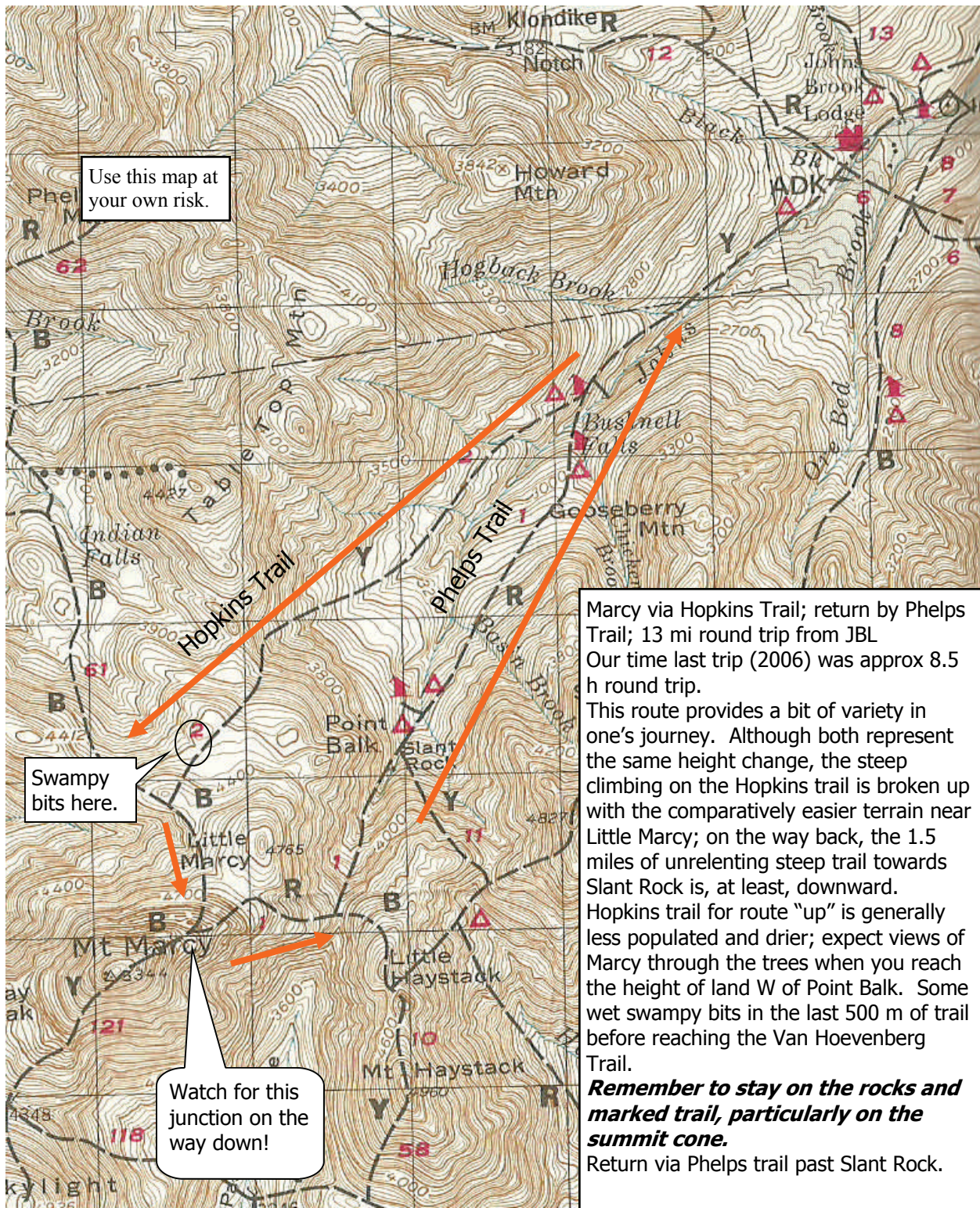


Mt. MARCY from JOHNS BROOK LODGE Day Hike



Use this map at your own risk.

Swampy bits here.

Watch for this junction on the way down!

Marcy via Hopkins Trail; return by Phelps Trail; 13 mi round trip from JBL
 Our time last trip (2006) was approx 8.5 h round trip.
 This route provides a bit of variety in one's journey. Although both represent the same height change, the steep climbing on the Hopkins trail is broken up with the comparatively easier terrain near Little Marcy; on the way back, the 1.5 miles of unrelenting steep trail towards Slant Rock is, at least, downward. Hopkins trail for route "up" is generally less populated and drier; expect views of Marcy through the trees when you reach the height of land W of Point Balk. Some wet swampy bits in the last 500 m of trail before reaching the Van Hovenberg Trail.
Remember to stay on the rocks and marked trail, particularly on the summit cone.
 Return via Phelps trail past Slant Rock.